

Enuresis



“Bedwetting is a widespread and distressing condition that can have a deep impact on a child or young person’s behaviour, emotional wellbeing and social life. It is also very stressful for the parents or carers.” (Nice 2010)

The School Nursing Service offer free nocturnal enuresis management and toileting workshops and advice to parents and carers of children aged 4-19 years. These workshops explore:

- ❖ What is nocturnal enuresis and the management
- ❖ What causes night time wetting
- ❖ The treatments nocturnal enuresis
- ❖ Bladder capacity
- ❖ Advice and support
- ❖ Routines
- ❖ Toileting patterns

To find out more about our workshops or book a place on a workshop contact our Single Point of Access on Tel: 01922 423349 or Email schoolnursing@walsallhealthcare.nhs.uk