

## Understanding Your Child's Behaviour



There is no such thing as a perfect parent or a perfect child  
and

Parenting can be hard and it's about recognising that it is hard

The School Nursing Service offer free workshops to parents and carers of children aged 4-19 years. These workshops explore:

- ❖ The reasons why children behave in the way they do!
- ❖ What causes poor behaviour
- ❖ How to encourage better behaviour
- ❖ Working together with your child's school
- ❖ Information about our parenting programmes & the Walsall Way of Parenting
- ❖ Accessing 'Early Help' to support your child or teenager

To find out more about our workshops or book a place on a workshop contact our Single Point of Access on Tel: 01922 423349 or Email [schoolnursing@walsallhealthcare.nhs.uk](mailto:schoolnursing@walsallhealthcare.nhs.uk)